

## **Think You're Too Busy to Travel? Think Again**

*"The Spontaneous Tourist" unveils The Busy Person's Guide to Travel.*

Arlington, VA ([PRWeb](#)) July 11, 2007 -- If you're like many, you've probably dreamed of seeing the world. But you're busy, so you probably think you don't have the time to travel. Expert traveler James C. Samans, a.k.a. "The Spontaneous Tourist," wants to make one thing clear: travel can fit into any schedule.

A full time information security auditor who also serves as a reservist in the military, Samans is as busy as anyone. Yet he can confidently say that you can take memorable and wonderful trips in just a few days. Why? Because he regularly does it -- whether it's Valentine's weekend in Paris, forty-eight hours in Singapore, Los Angeles to New York by train, a day trip to San Francisco from Washington, D.C., or one beautiful night in Hawaii.

And now, to make travel more accessible to busy people, Samans is sharing his secrets in *Spontaneous Tourism: The Busy Person's Guide to Travel*.

Based on firsthand research, *Spontaneous Tourism* (CrystalOrb LLC, \$14.95, ISBN: 978-0-9791897-0-8, October) addresses such topics as why travel matters, how it works, what obstacles exist along the way, and how to overcome those obstacles.

*Spontaneous Tourism* is filled with insider insights, tried and true tips and tricks on everything from getting the best deal on short notice, to choosing an airline, to traveling by car, boat or train. *Spontaneous Tourism* also includes helpful hints on packing, paperwork, and what to do once you arrive at your destination. Moreover, *Spontaneous Tourism* features some of the *Spontaneous Tourist's* picks and suggestions for places to visit.

Samans is quick to make the distinction between people who don't want to travel, and those who do want to travel but haven't. He aims to provide help to those in the latter category: "There are any number of obstacles related to traveling. 'We're busy'. 'It costs money to travel.' 'Someone would have to take care of the dog.' All of these reasons are certainly valid, but these are challenges that can be overcome with proper planning. Too often, people are under the misimpression that a trip is only worth the effort if you're able to spend a significant amount of time at a destination. That's simply not true. The only measure of whether a trip was worthwhile is what you saw, did and experienced while you were there. Flying twelve hours to and from Paris is not a bad use of your time if you have a great visit to Paris."

James C. Samans travels more than 200,000 miles each year. Outside of his roles as auditor, reservist, author and *Spontaneous Tourist*, Samans offers presentations to colleges and organizations on the importance of travel in the twenty-first century. CrystalOrb LLC is an independent book publisher headquartered in Virginia. *Spontaneous Tourism: The Busy Person's Guide to Travel* will be available in better bookstores nationwide and through online retailers in October 2007. Members of the news media wishing to receive an advance review copy or additional information are kindly asked to contact Maryglenn McCombs by phone - (615) 297-9875.

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